



BRAIN INJURY
ASSOCIATION
OF NEW HAMPSHIRE

34TH ANNUAL

BRAIN INJURY & STROKE CONFERENCE

WEDNESDAY, MAY 17, 2017

COURTYARD MARRIOTT
& GRAPPONE CONFERENCE CENTER
CONCORD, NEW HAMPSHIRE



KEYNOTE SPEAKER - NICOLE BINGAMAN

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2017 Keynote Address: “Love Wins, A Mother’s Perspective of TBI” -- Nicole Bingaman

Four years ago Nicole Bingaman was coming to a turn in the road of motherhood. Her sons, then sixteen, nineteen and twenty-one, were far less dependent and Nicole was contemplating the paths ahead. She spent several years educating and mentoring troubled youth, and most recently transitioned to the PA Department of Human Services.

Thanksgiving Day of 2012, Nicole’s life took an unexpected turn, when her oldest son, Taylor, fell down a flight of stairs in their home. His prognosis was grim, and Nicole began a journey of recovery with her son that started at his bedside. Nicole would spend the entire first year of Taylor’s emergence from his coma and recovery by his side.

Over the past four years Nicole has found her voice for traumatic brain injury. She shares her family’s journey with honesty and passion, and in 2015 she became a published author of her first book, *Falling Away From You*. Nicole is part of the Brainline.org blogging team, as well as other TBI resources. Nicole maintains her career, manages Taylor’s caregiving needs and affairs, while balancing being a wife and mother.

Nicole has always been passionate about life and living it to the fullest. She now pours much of that passion into educating caregivers and medical professionals, speaking at public venues, conferences, meeting with families whose loved ones recently suffered a brain injury, fundraising, and more. Nicole readily admits, she is a tired advocate, but she firmly believes that the key to helping people like her son is raising the standard of awareness regarding the short and long term implications involved with brain injury.

Nicole’s mantra is from a sign their family hung in Taylor’s ICU room, “Love Wins.”

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Conference at a Glance

Level of Knowledge for Attendees: BEG - Beginner INT - Intermediate ADV - Advanced
 Topic is geared towards: PRO-Professional SUR-Survivor/Family ALL- Everyone

8:30 Welcome					
8:45 Keynote: "Love Wins, A Mother's Perspective of TBI" - Nicole Bingaman					
	TRACK A	TRACK B	TRACK C	TRACK D	TRACK E
		Speech/Language	Clinical Presentations		Survivor & Family-Track
Session I 10:05-11:35	Cryptogenic Stroke: Advancing the Workup Mary Amatangelo, MS, RN, ACNP-BC, CCRN, CNRN, SCRN BEG/ADV/ALL	Facilitating Community Reintegration Following Stroke or Brain Injury Kathleen Earle, MS, CCC-SLP, Allison Rozelle, CTRS/L BEG/ADV/ALL	TBI: Diagnostic Research and Comprehensive Treatment Jason Czarnosz, PT, DPT, ATC Nina Hopkins, OTR/L BEG/ADV/ALL	Using Time Slips Story Method with Individuals with TBI and Co-Occurring Substance Use Issues Jason Conover, LCAT, CASAC, RDT/BCT BEG/PRO	LoveYourBrain Yoga Class Connie Ciulla, RYT BEG/ADV/ALL
11:45-12:45 -----LUNCH-----		SLP (cont'd)		Research	
Session II 12:50 - 2:20	Creating a Stroke Care System in NH: Something for Everyone! Timothy Lukovits, MD BEG/ADV/ALL	Aging in TBI: Preventative Measures to Minimize Cognitive Aging Tina Trudel, PhD BEG/ADV/ALL	Optimizing Neuroplasticity and Resilience in Clinical Practice Wanda Handel, MSN, RN, ACCNS-AG, CNRN Deb Fournier, MHCDS, MSN, APRN ADV/PRO	Love Your Brain Research Project Shari Goldberg, PhD INT/PRO	Unmasking Brain Injury Chelsea Boyette, MS, CTRS/LRT, CBIS, QDDP BEG/ALL
Session III 2:45-3:45	Behavior Management in the Acute Rehabilitation Setting Susan Riley, OTR/L, CBIS Certified Crisis Intervention Trainer, LSVT Big Certified Emily West, PT, CBIS, CSRS. BEG/ALL	Maximizing Optimal Cognitive Functioning in our Home Based Elders Michele Page Sinotte, MS, CCC-SLP BEG/ALL	Tips for Healthcare Professionals Working with Families Dealing with TBI Nicole Bingaman BEG/ADV/ALL	Research in Severe TBI: Recent Advances and Ongoing Investigations Yelena Bodien, PhD ADV/PRO	Navigating the Medicaid/Community Care Waiver System in NH Erin Hall, MS, CBIST BEG/ALL

Time Schedule & Session Descriptions

7:30 am - 1:00 pm	Registration
8:00 am - 3:00 pm	Exhibitors
8:30 am	Welcome
8:45 am - 9:45 am	Keynote: "Love Wins, A Mother's Perspective of TBI" -- Nicole Bingaman, Parent, Speaker, and Author
9:45 am - 10:05 am	Morning Break -- Please Visit the Exhibitors
10:05 am - 11:35 am	Session I

A. Cryptogenic Stroke ~ Mary Amatangelo, MS, RN, ACNP-BC, CCRN, CNRN, SCRN ~ Nurse Practitioner, Massachusetts General Hospital Neurology & Senior Stroke Researcher, Massachusetts General Hospital and Brigham and Women's ~ It has been 25 years since the inception of IV tPA that advanced the care of the stroke patient far beyond imaginable. In addition, we are able to treat patients with clot retrieval and stroke prevention strategies. Now we want to know WHY you have had this stroke. This presentation will take a look at the current stroke work-up in an attempt to identify stroke etiology.

B. Facilitating Community Reintegration Following Stroke or Brain Injury ~ Kathleen Earle, MS, CCC-SLP & Allison Rozelle, CTRS/L, ~ Northeast Rehabilitation Hospital ~ No matter the setting in which you work, the goal of the Rehabilitation Professional is the same...to help your patient reconnect and re-engage in his or her life. But how do you bridge the gap between therapy and the real world? The purpose of this presentation is to introduce the participant to the benefits of Therapeutic Recreation, community out trips, and peer support in facilitating community reintegration following brain injury or stroke. It will provide concrete treatment interventions, functional therapeutic goals, and examples of patient outcomes.

DISCLOSURE: Ms. Rozelle and Ms. Earle are not being compensated for this presentation. They have no further relevant financial or non-financial disclosures to make.

C. TBI: Diagnostic Research and Comprehensive Treatment ~ Jason Czarnosz, PT, DPT, ATC & Nina Hopkins, OTR/L, Neuro Clinical Leader, Catholic Medical Center Out-Patient Rehabilitation Services ~ An overview of new research to identify mTBI (PCS). Defining & assessing the unique symptoms of each individual. An overview of the multifaceted approach needed for successful recovery after an injury.

D. Using Time Slips Story Method with Individuals with TBI and Co-Occurring Substance Use Disorders ~ Jason Conover, LCAT, CASAC, RDT/BCT ~ Workshop participants will be introduced to the Time Slips story method of creative engagement for individuals living with memory loss due to cognitive deficits from dementia or Alzheimer's disease. The improvisational group story method has been adapted for use with individuals with traumatic brain injury and substance use disorders by combining the method with the role method and role theory of drama therapy as developed by Robert Landy. Workshop participants will be given a brief overview of the Time Slips story method and role theory/role method of drama therapy and how this is helpful for working with individuals living with a traumatic brain injury and a substance use disorder. Participants will hear examples of Time Slips stories and the images that inspired the stories created in a group of individuals with TBI and substance use disorders. The workshop facilitator will also model the Time Slips story method by engaging participants in a Time Slips story making session.

E. LoveYourBrain Yoga ~ Connie Ciulla, RYT ~ Yoga instructor with additional training from the LoveYourBrain (LYB) Foundation, will offer a demonstration of the LYB community-based yoga program. The LYB program supports people who have experienced a TBI and their caregivers to participate in a free six-week gentle yoga series designed based on the science of resilience. This yoga program is available in 8 states across the US (VT, NH, MA, PA, CO, GA, CA, AZ), and in Ottawa, Canada. Connie will lead a gentle yoga class similar to what is offered in the LoveYourBrain Yoga program, including gentle movement, guided meditation, and breathing exercises. This class will be accessible for all abilities.

11:45 - 12:45 Lunch

12:50 - 2:20 Session II

A. Creating a Stroke Care System in NH: Something for Everyone! ~ Timothy G. Lukovits, MD, Medical Director, Cerebrovascular Disease and Stroke Program, Dartmouth Hitchcock Medical Center ~ We will provide an update of the work of the NH Stroke Collaborative (NHSC) including the first-ever plan for stroke care in NH. The rationale for creating a system, the key components of this system, and the current focus of the NHSC will be discussed. Anonymous case studies will be presented. Since this work is attempting to look at the entire continuum, we look forward to the ideas and input of a varied audience.

B. Aging in TBI: Preventative Measures to Minimize Cognitive Aging ~ Tina Trudel, PhD.

DISCLOSURE: Ms. Trudel is not being compensated for this presentation. She has no further relevant financial or non-financial disclosures to make.

C. Optimizing Neuroplasticity and Resilience in Clinical Practice ~Wanda Handel, MSN, RN, ACCNS-AG, CNRN & Deb Fournier, MHCD, MSN, APRN, Dartmouth Hitchcock Medical Center. This presentation will offer an explanation of neuroplasticity including current research updates and discuss implications for clinical practice. Participants will be encouraged to discuss strategies for implementing concepts around neuroplasticity to improve their clinical practice.

D. Love Your Brain: Research Project ~ Shari Goldberg, PhD, Professor at Colby-Sawyer College's School of Nursing and Health Professions. Dr. Goldberg has partnered with members of the LoveYourBrain (LYB) Foundation to evaluate the curriculum of their yoga program. The LYB program supports people who have experienced a TBI and their caregivers to participate in a free six-week gentle yoga series designed based on the science of resilience. This yoga program is available in 8 states across the US (VT, NH, MA, PA, CO, GA, CA, AZ), and in Ottawa, Canada. Dr Goldberg will present preliminary findings from this research and implications for future study.

E. Unmasking Brain Injury ~ Chelsea Boyette, MS, CTRS/LRT, CBIS, QDDP, Day Program Coordinator, Hinds' Feet Farm ~Unmasking Brain Injury is a project of Hinds' Feet Farm in partnership with 13 organizations across the United States and Canada. Its mission is to promote awareness of the prevalence of brain injury, and to show others that persons living with a disability due to their brain injury are like anyone else, deserving of dignity, respect, compassion and the opportunity to prove their value as citizens in their respective communities.

2:20 – 2:40 *Afternoon Break – Exhibitor Raffle*

2:45 – 3:45 *Session III*

A. Behavior Management in the Acute Rehabilitation Setting ~ Susan Riley, OTR/L, CBIS, Certified Crisis Intervention Trainer, LSVT Big Certified & Emily West, PT, CBIS, CSRS, Northeast Rehabilitation Hospital ~ Challenging behaviors during acute rehabilitation following traumatic brain injury are quite common. These behaviors can present tremendous challenges to rehabilitation staff. Problem behaviors may make it difficult for the individual with traumatic brain injury to participate in therapies, which may impede their progress. Safety is also a concern for patients, staff and family members. Challenging behaviors create great concern among family members and cause an increase in their already heightened anxiety levels. Managing challenging behaviors efficiently and effectively is an important rehabilitation goal following traumatic brain injury.

B. Maximizing Optimal Cognitive Functioning in our Home Based Elders ~ Michele Page Sinotte, MS, CCC-SLP, Speech Language Pathologist, VNA Care ~ In addition to traditional diagnoses such as stroke and progressive neurologic diseases such as Parkinson's disease or MS, home care clinicians are being consulted to work with individuals who present mild to moderate cognitive deficits as a result of falls, decline in nutritional status and changes in kidney and liver function. This talk will discuss the types of cognitive deficits typically seen in the elderly homecare population, recommended evaluation tools to characterize the deficits and a variety of treatment techniques to address these deficits both for the individual and his/her family and community.

DISCLOSURE: Ms. Page is not being compensated for this presentation. She has no further relevant financial or non-financial disclosures to make.

C. Tips for Healthcare Professionals Working with Families Dealing with TBI~ Nicole Bingaman, Parent, Speaker & Author. Nicole will share 8-10 objectives that directly apply to healthcare providers who work with families dealing with brain trauma. Nicole brings practical suggestions and solutions that help bridge the gap between healthcare professionals and the families that they work with. Nicole again speaks from the heart, and through her experience of living with her son at an inpatient rehab facility in the months following his injury. Nicole believes in an honest team approach, and challenges healthcare professionals to understand the world from the view of a survivor and family members supporting them.

D. Research in Severe TBI: Recent Advances and Ongoing Investigations ~ Yelena Bodien, PhD, Instructor - Harvard Medical School & Spaulding Rehabilitation Hospital ~ Following a severe traumatic brain injury, some patients experience a prolonged impairment in conscious awareness marked by absent or minimal purposeful behavior, command following, or reliable communication. Bedside evaluation of this group of patients may lead to misdiagnosis and objective markers of conscious awareness are needed to improve the precision of assessment and prognosis. The first part of this presentation will focus on recent functional neuroimaging studies that attempt to better characterize disorders of consciousness and identify patients who appear unconscious at the bedside but may retain the capacity to follow commands or communicate. In the second part of the presentation, ongoing research investigating assessment and treatment of moderate-severe TBI will be discussed.

E. Navigating the Medicaid/Community Care Waiver System in NH ~ Erin Hall, MS, CBIST, Director of Programs & Services, Brain Injury Association of NH ~ This presentation will take an introductory look at the Medicaid system and Community Care Waiver system in NH. The presentation will only give introductory information into these systems and will look at commonly asked questions.

Conference Objectives

Participants will be able to identify advances in prevention, diagnostic assessment and rehabilitation, coping strategies, holistic approaches, recreation and leisure, and community support. They will also be able to identify ways to support collaboration and hope among participants, while developing a clearer vision of how we can better meet the needs of survivors and families in the community.

Continuing Education Units

Application has been made for the following CEU's and Continuing Education Credits:

ASHA, CCM, Nursing, NASW, CDMSC, CCMC, CRCC.

Circle One:

RN SLP PT OT SW CDMSC CCMC CRCC Psych Other_____

The New Hampshire Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This program is offered for up to 0.5 ASHA CEUs (Intermediate level; Professional area). ASHA CEUs are available for the Keynote session and Track B sessions.

Continuing education credit is provided in part by Commonwealth Educational Seminars (CES) for the following professions. Attendees completing this program receive 5 continuing education hours of credit.

Psychologists: Commonwealth Educational Seminars (CES) is approved by the American Psychological Association (APA) to offer continuing education credit programs. CES maintains responsibility for this program and its contents. Psychologists will receive 5 hours of continuing education credit upon completing this program.

Social Workers: CES, provider #1117, is approved as a Provider for Social Work Continuing Education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. CES maintains responsibility for the program. ASWB approval period: 10/15/15 through 10/15/18. Social Workers should contact their regulatory board to determine course approval. Social Workers participating in this course will receive 5 clinical continuing education clock hours.

Nurses: As an American Psychological Association (APA) approved provider, CES programs are accepted by the American Nurses Credentialing Center (ANCC). These courses can be utilized by nurses to renew their certification and will be accepted by the ANCC. Every state Board of Nursing accepts ANCC approved programs except California and Iowa, however CES is also an approved Continuing Education provider by the California Board of Registered Nursing (Provider # CEP15567) which is also accepted by the Iowa Board of Nursing. Nurses completing this program will receive 5 continuing education hours.

All other healthcare and social service professionals: This program will provide 5 contact hours. Certificates of attendance will be provided at the end of the day.

Brain Injury Association of New Hampshire's Annual Conference

Wednesday, May 17, 2017

LOCATION: Courtyard by Marriott & Grappone Conference Center
70 Constitution Avenue
Concord, New Hampshire 03301
(603) 225-0303

Directions & Reservation Information

From I-93 North or South: Take Exit 15 West. Turn right at the first stoplight onto Commercial Street and follow Commercial Street 1/4 mile to Constitution Avenue.

A block of rooms has been reserved for \$119.00 (Single and Double Rate). *You must reserve before 4/25/2017 to guarantee rate.*

For Hotel reservations call 1-800-321-2211 and specify BIANH Brain Injury & Stroke Conference. If you have any questions about this conference, please call BIANH at (603) 225-8400.

CONFERENCE REGISTRATION FORM

May 17, 2017

ONLINE REGISTRATION PREFERRED - GO TO: <https://give.classy.org/2017conf>

If unable to register online, use conference registration form below.

Name: _____

Address: _____

City, State, ZIP _____

E-Mail _____ Phone _____ FAX _____

Organization _____ Address _____

Position _____ Phone _____ FAX _____

Survivors Only

\$65.00

All Others (professionals, family, etc.)

Received by April 18, 2017, **\$150.00**

Beginning April 19, 2017 **\$165.00**

For survivor scholarship applications please contact the office at (603) 225-8400

Please note we do not send out confirmations.

*If you cannot attend and someone is coming in your place, we need to be notified of the substitution
no less than 48 hours prior to conference*

PLEASE REMEMBER TO DRESS IN LAYERS AS TEMPERATURES FLUCTUATE GREATLY FROM ROOM TO ROOM

Please Check:

____ Check Check # _____ Employer _____

All cancellations will incur a \$25.00 processing fee. We cannot refund cancellations made after April 28, 2017

Diet Preferences/Restrictions: _____ Vegetarian _____ Gluten Free

(you must ask server for your meal)

Please return this form and your check to:

Brain Injury Association of New Hampshire
52 Pleasant Street
Concord, NH 03301

WORKSHOP CHOICES:

	<i>1st Choice</i>	<i>2nd Choice</i>
Session I	Track _____	Track _____
Session II	Track _____	Track _____
Session III	Track _____	Track _____

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